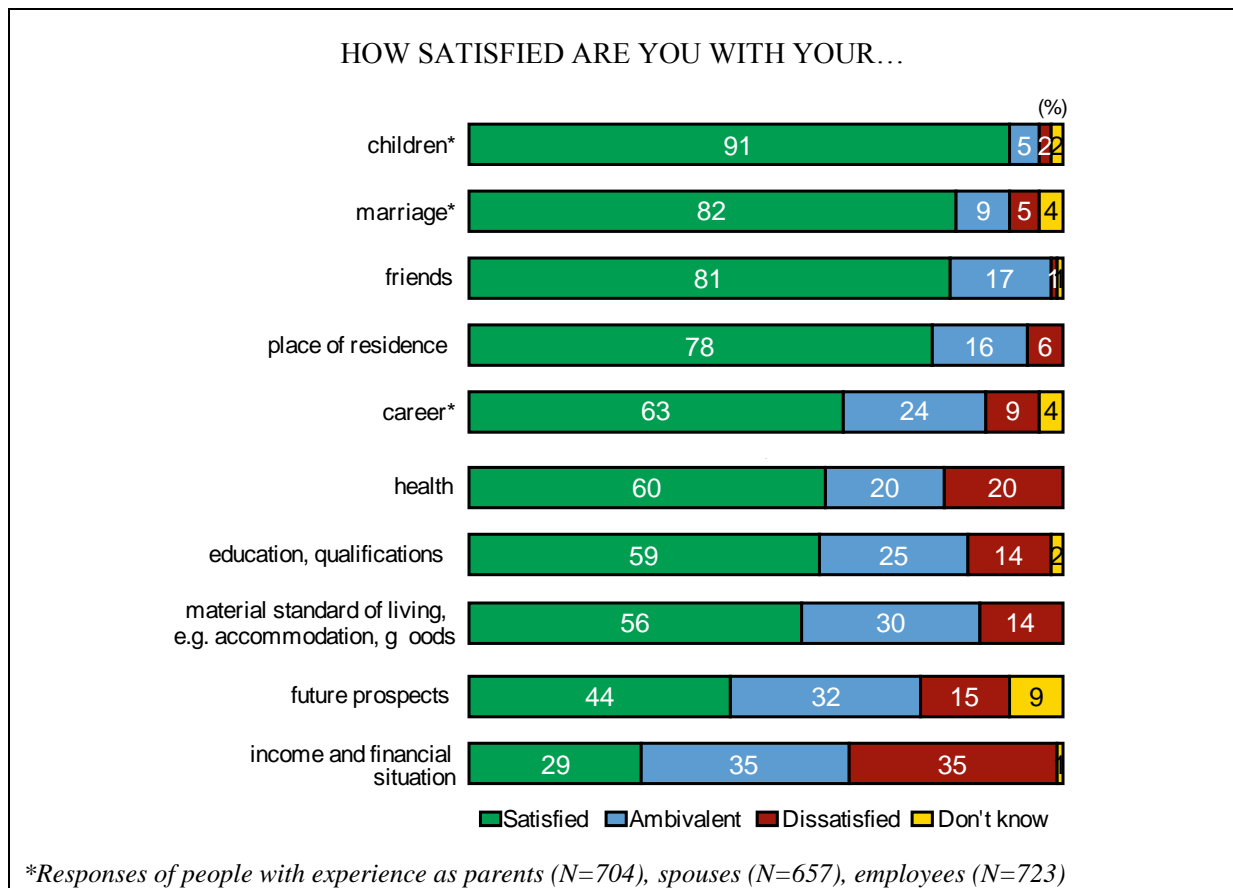
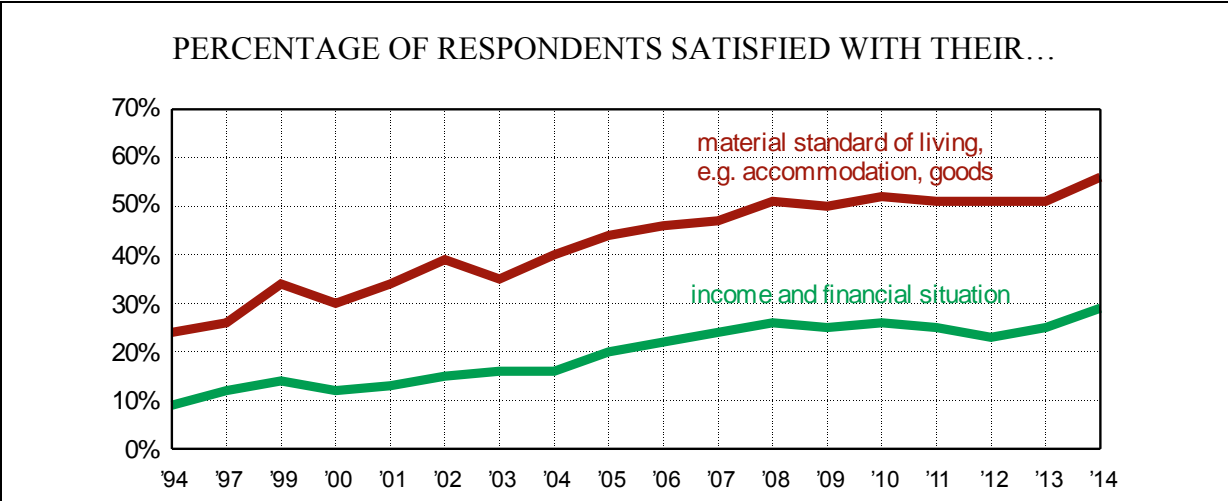


SATISFACTION WITH LIFE

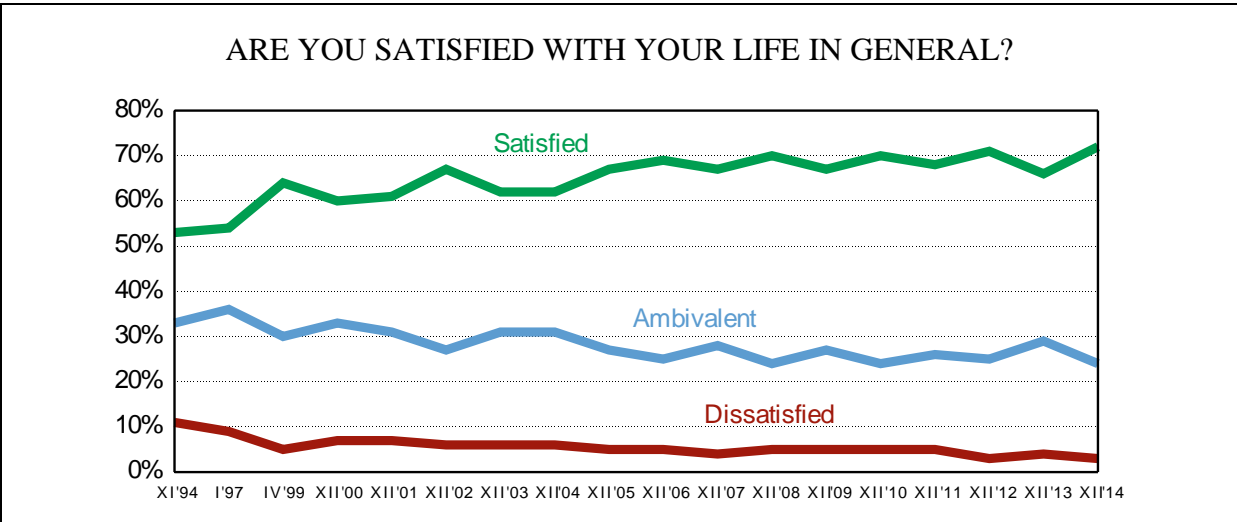
The most important sources of satisfaction are children, marriage, friends, and place of residence. Most working Poles are happy with their career, and most respondents are satisfied with their health, education and material standard of living. There is less optimism about future prospects, as well as financial situation and income. In 2014, satisfaction with health, education, financial situation, material living conditions and future prospects was the highest ever recorded in CBOS surveys.



From a long-term perspective, the most spectacular changes are in evaluation of financial situation and material living standard. During systemic transformation, in the year 1994, only 9% of respondents were satisfied with their income, while a quarter (24%) were happy about their standard of living. In subsequent years, satisfaction with this sphere increased. After 2008, during the last financial crisis, the percentage of people satisfied with their finances and living standard was stable, but last year it rose again.



In general, almost three-quarters of Poles (72%) are satisfied with their life. A quarter (24%) are ambivalent, while 3% are generally dissatisfied with their life. The level of satisfaction is now on one of the highest levels since 1994.



More information about this topic can be found in CBOS report in Polish: "Satisfaction with life", January 2015. Fieldwork for national sample: December 2014, N=936. The random address sample is representative for adult population of Poland.