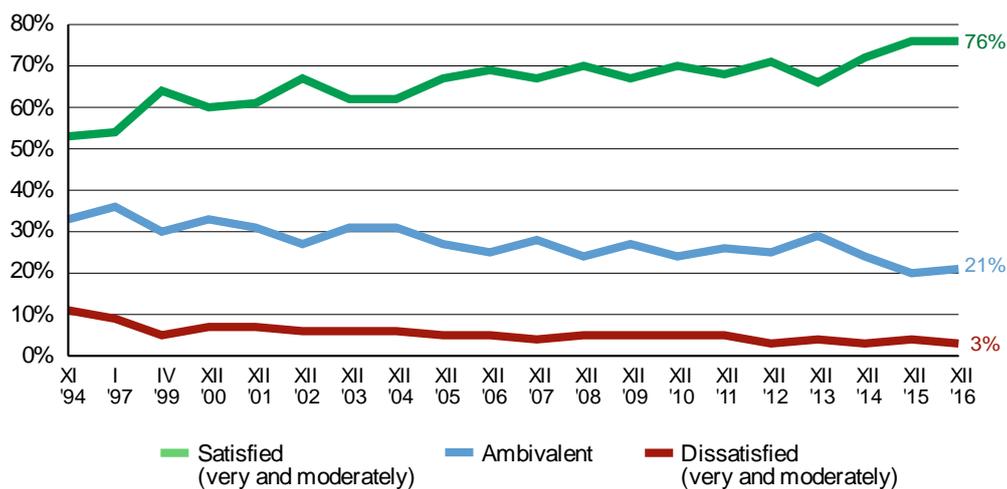


Satisfaction with life

Satisfaction with life in the last two years is at the highest level ever recorded by CBOS since 1994. At the end of 2016 three-quarters of Poles (76%) declared general satisfaction with life.

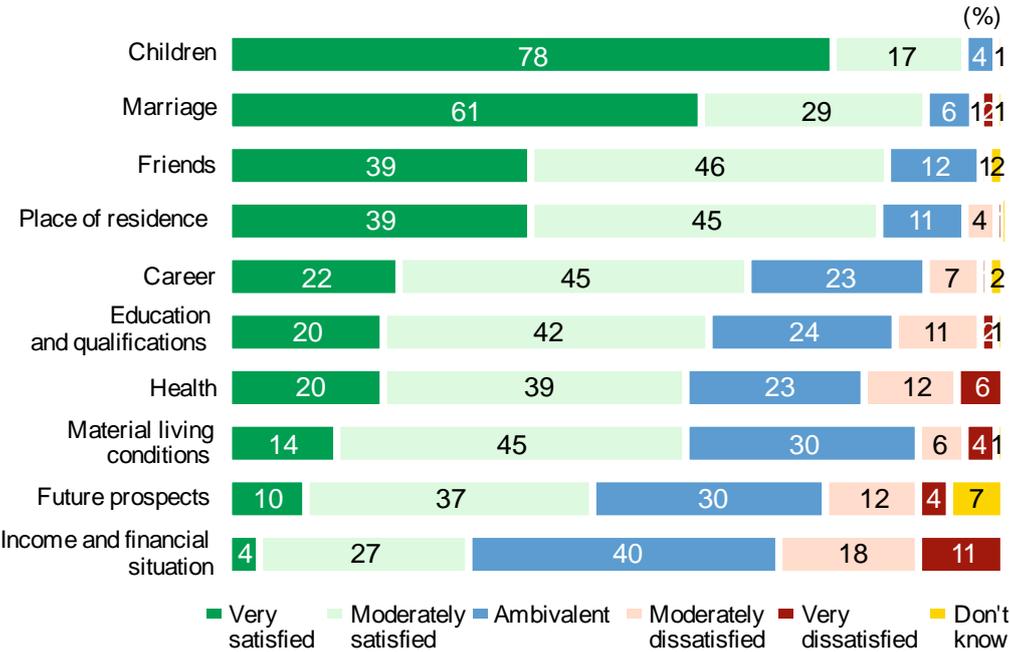
General satisfaction with life



Don't know omitted

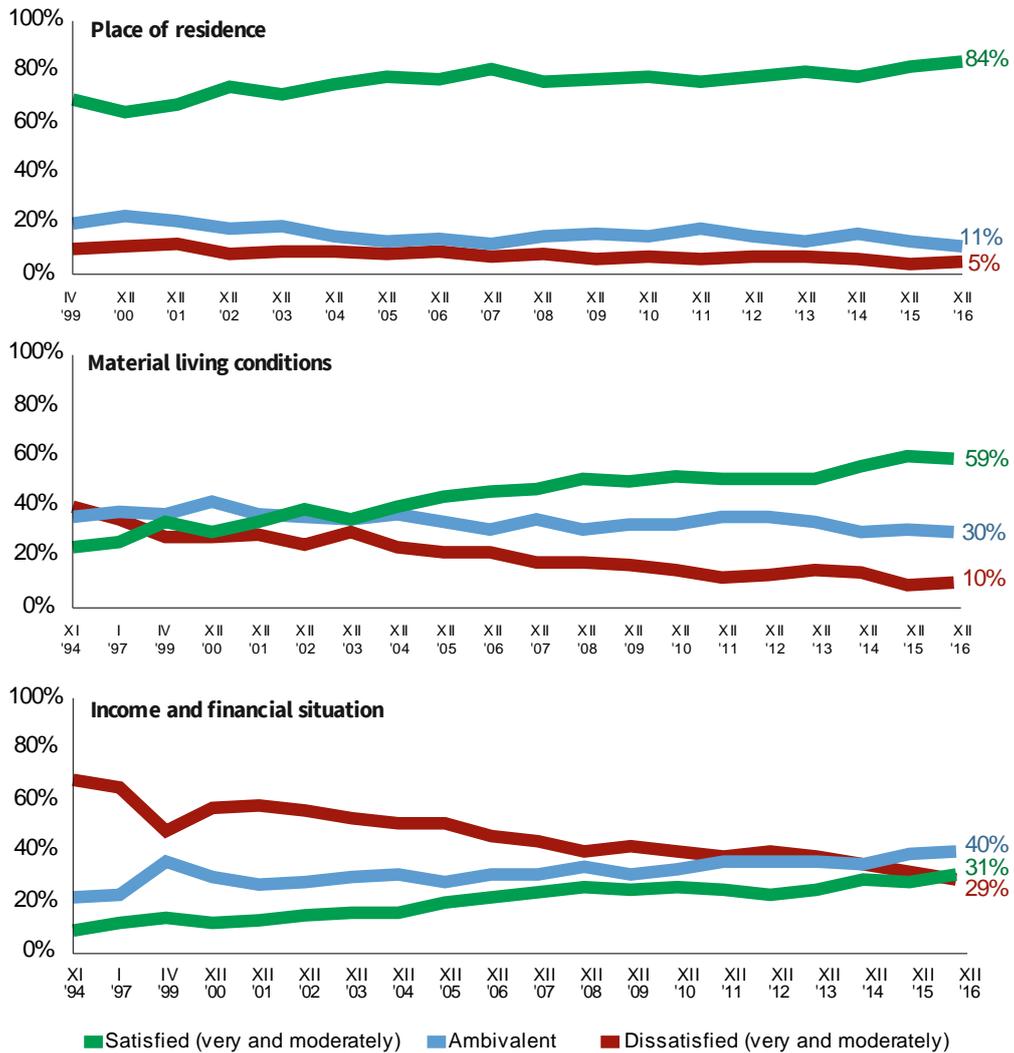
As in previous years, family and social life are the most important sources of satisfaction. A vast majority (95%) are satisfied with their children, while most married people (90%) are satisfied with their marriage. Over four-fifths of all respondents (85%) have a positive opinion about their relations with friends. Similar positive feelings are expressed towards the place of residence: 84% are happy with it. Two-thirds (67%) of people with professional experience have a positive opinion about their career. A slightly smaller group of people (62%) are satisfied with their education and qualifications. Nearly three-fifths (59%) express a positive opinion about their material living conditions, i.e. accommodation, goods. The same proportion (59%) are positive about their health. Almost half of Poles (47%) declare optimism about their future prospects. Least satisfaction is derived from income and financial situation (31%).

Satisfaction with...



From a long-term perspective, current levels of satisfaction with different aspects of life are among the highest. Since the mid-nineties the level of satisfaction with material living conditions and income and financial situation have increased significantly. Respondents declare satisfaction with their place of residence more than ever before.

Satisfaction with...



Don't know omitted

Analyses show that the level of satisfaction with almost all aspects of life covered by the survey is strongly associated with the assessment of respondents' material conditions. This regularity is observed in case of satisfaction with friends, marriage, place of residence, career, future prospects and, of course, the material living conditions such as housing, equipment, etc., as well as income and financial situation.

More information about this topic can be found in CBOS report in Polish: "Life Satisfaction", January 2017. Fieldwork for national sample: December 2016, N=1136. The random address sample is representative for adult population of Poland.